

# OUTCOMES

## Apex coaching is designed to cultivate seven developmental outcomes



**GREATER AWARENESS** of the Biblical foundation of APEST in Ephesians 4:1-16, with an emphasis on original languages, in depth definitions, and the wider context of Ephesians as a whole.



**DEEPER APPRECIATION** for developmental frameworks, with an emphasis on the new humanity of Christ as the archetype for health and maturity.



**HIGHER APTITUDES** in coaching to outcomes, with an emphasis on how to effectively assess personal, team, and organizational APEST profiles and maturity levels of those you are training.



**CLEARER ASSESSMENT** of your own personal coaching style, with an emphasis on identifying strengths, weaknesses, and growth points of that style.



**STRONGER ADVOCACY** for APEST expressions in and through the body, with an emphasis on the necessity of APEST equipping for system wide health and maturity.



**CLOSER ALIGNMENT** between current training strategies and transformative learning experiences, with an emphasis on scalable equipping processes.



**WIDER APPLICATION** of equipping processes across and beyond the organization, with an emphasis on strategies for starting, sustaining, and scaling APEST micro-cultures.